

SAVE THE DATE!

July 26th or September 15th, 2023

Brought to you by:



FREE Listening Training

We all need connection

... now more than ever.

Learn how to build authentic, sustainable relationships
as a helping professional.

Deep Listening • Compassionate Boundaries • Personal Harm Reduction •
Learn how to fill your life with more meaningful relationships
Professionally facilitated, videos + interactive exercises

CEUs available

Only 30 seats available for each training date!



40 Coxe Avenue
Asheville, NC 28801



In-person ~ 9am - 4:30pm
Wednesday July 26th OR Friday September 15th
**each training includes a free follow-up practice session (see RSVP link for dates)*

Sign-Up & Register at:

<https://forms.office.com/g/uQsLutwMxU>



Come and join us!

SeekHealing is a non-profit that promotes social health. 100% donation-based services provide intentional experiences of human connection and community to help each other heal from addiction and trauma.

